

Download The Complete Nutritional Solution To Diabetes

The Male Diabetes Solution is the first and only formula for men looking to beat type 2 diabetes. It's a complete start-to-finish playbook. One tailored to boost Testosterone levels to get rid of male type 2 diabetes. Dr. Bernstein's Diabetes Solution. A Complete Guide to Achieving Normal Blood Sugars. Official Web Site When you limit the amount of carbs (i.e. sugar and starches) that you are consuming, you enter a state called "nutritional ketosis": your body can no longer rely on carbohydrates for its energy needs and it now needs to start burning fat as its primary fuel source. The surprising truth about the fat we eat—the key to sustained weight loss.